

PATTERNS ONLY

EUROPEAN COUNTRIES ONLY







MARCH 14, 2021

DEADLINE FOR SIGN-IN & UPLOAD VIDEOS

ITF PLATFORM CYBERARENA





MORE INFORMATION ON: WWW.TAEKWONDO.CZ

Info Pack

TOURNAMENT IS FOR EUROPEAN COUNTRIES ONLY

Date:	27 - 28 March 2021 (Saturday – Sunday)
Info:	The Czech E-Open is run on the official ITF platform CyberArena, every competitor is about to upload his/her patterns to <u>http://cz.taekwondo-itf.com</u>
	The competition will be streamed on a YouTube channel on Saturday 27.3. for color belts & Sunday 28.3. for black belts.
	Color belts must perform one optional pattern only. Black belts perform one optional pattern (only from patterns on next exam.
Organized by:	Czech Taekwon-Do ITF Federation
Chairman of tournament	t: Ondřej Vrábel (+420 777 011 692, <u>ondrej.vrabel@taekwondo.cz</u>)
Dead line:	By midnight of 14 th March 2021 all competitors must be registered and videos uploaded (as in the manual).
Entry fee:	0 CZK
Competition system:	Patterns only, Pyramid system.

Schedule

14 March 2021 (Sunday)
27 March 2021 (Saturday)
28 March 2021 (Sunday)

sign-in & video upload deadline (by midnight)
color belts, exact time will be specified later
black belts, exact time will be specified later

Info Pack

Youth born in 2011 and younger

8.+7. kup	male	optional pattern from Chon-Ji to pattern for the next exam
8.+7. kup	female	optional pattern from Chon-Ji to pattern for the next exam
6.+5. kup	male	optional pattern from Chon-Ji to pattern for the next exam
6.+5. kup	female	optional pattern from Chon-Ji to pattern for the next exam

Youth born between 2008-2010

8.+7. kup	male	optional pattern from Chon-Ji to pattern for the next exam
8.+7. kup	female	optional pattern from Chon-Ji to pattern for the next exam
6.+5. kup	male	optional pattern from Chon-Ji to pattern for the next exam
6.+5. kup	female	optional pattern from Chon-Ji to pattern for the next exam

Youth born in 2008 and younger

4.+3. kup	male	optional pattern from Chon-Ji to pattern for the next exam
4.+3. kup	female	optional pattern from Chon-Ji to pattern for the next exam
2.+1. kup	male	optional pattern from Chon-Ji to pattern for the next exam
2.+1. kup	female	optional pattern from Chon-Ji to pattern for the next exam

I. dan+	male	optional pattern from Chon-Ji to pattern for the next exam
I. dan+	female	optional pattern from Chon-Ji to pattern for the next exam

Juniors born between 2003-2007

8.+7. kup	male	optional pattern from Chon-Ji to pattern for the next exam
8.+7. kup	female	optional pattern from Chon-Ji to pattern for the next exam
6.+5. kup	male	optional pattern from Chon-Ji to pattern for the next exam
6.+5. kup	female	optional pattern from Chon-Ji to pattern for the next exam
4.+3. kup	male	optional pattern from Chon-Ji to pattern for the next exam
4.+3. kup	female	optional pattern from Chon-Ji to pattern for the next exam
2.+1. kup	male	optional pattern from Chon-Ji to pattern for the next exam
2.+1. kup	female	optional pattern from Chon-Ji to pattern for the next exam

I. dan	male	optional pattern from Kwang-Gae to Ge-Baek
I. dan	female	optional pattern from Kwang-Gae to Ge-Baek
II.+III. dan	male	optional pattern must be one from these for the next exam
II.+III. dan	female	optional pattern must be one from these for the next exam

Info Pack

Adults born between 2002-1982

8.+7. kup	male	optional pattern from Chon-Ji to pattern for the next exam
8.+7. kup	female	optional pattern from Chon-Ji to pattern for the next exam
6.+5. kup	male	optional pattern from Chon-Ji to pattern for the next exam
6.+5. kup	female	optional pattern from Chon-Ji to pattern for the next exam
4.+3. kup	male	optional pattern from Chon-Ji to pattern for the next exam
4.+3. kup	female	optional pattern from Chon-Ji to pattern for the next exam
2.+1. kup	male	optional pattern from Chon-Ji to pattern for the next exam
2.+1. kup	female	optional pattern from Chon-Ji to pattern for the next exam

I. dan	male	optional pattern from Kwang-Gae to Ge-Baek
I. dan	female	optional pattern from Kwang-Gae to Ge-Baek
II. dan	male	optional pattern from Eui-Am to Juche
II. dan	female	optional pattern from Eui-Am to Juche
III.+IV. dan	male	optional pattern must be one from these for the next exam
III.+IV. dan	female	optional pattern must be one from these for the next exam
V.+VI. dan	male	optional pattern must be one from these for the next exam
V.+VI. dan	female	optional pattern must be one from these for the next exam

Veterans born in 1981 and older

85. kup	male	optional pattern from Chon-Ji to pattern for the next exam
85. kup	female	optional pattern from Chon-Ji to pattern for the next exam
41. kup	male	optional pattern from Chon-Ji to pattern for the next exam
41. kup	female	optional pattern from Chon-Ji to pattern for the next exam

IIII. dan	male	optional pattern must be one from these for the next exam
IIII. dan	female	optional pattern must be one from these for the next exam
IV.+VI. dan	male	optional pattern must be one from these for the next exam
IV.+VI. dan	female	optional pattern must be one from these for the next exam

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Video requirements:

- Video should be recorded in March
- The camera should be positioned in landscape and fixed straight in front of the athlete in the starting position.
- The camera should be placed at a height of 110-130 cm from the ground (approximately at the height of the eyes of a referee who is sitting in a chair).
- The distance of the camera from the athlete should allow the athlete to remain within the frame during the pattern execution, but not too far that they cannot be seen clearly.
- No zoom is allowed on the athlete's movements.
- If during the execution of a technique the athlete goes out of the frame, the camera can be panned to follow the athlete, but it cannot zoom in or move from the original point.
- The athlete should choose a space which allows them to perform the pattern without interruption and obstacles.
- The athlete must wear a Dobok.
- The athlete must be barefoot.
- The video should have sound (the athlete's breath control must be clear)
- The video must be uninterrupted and may not be a compilation of any kind. Otherwise, the athlete will be disqualified.
- Any interference or enhancements of the video are prohibited and deviations from the following Presentation Process will be disqualified.

Presentation process:

Each performance should follow this order:

- 1. Video starts at "Charyot, Kyong-Ye".
- 2. The athlete greets "Taekwon".
- 3. The athlete takes the "Junbi" position for the pattern which will be performed.
- 4. Performance starts.
- 5. After the pattern is completed and after shouting the name of the pattern, the athlete returns to the "Junbi" position and waits 2-3 seconds in this position.
- 6. End of the video.

How to register & upload video:

- 1. Create a new account:
 - Enter your e-mail
 - Your password
 - Confirm you are not robot (by ReCAPTCHA)
- 2. Select your category click on "Sign Up"
- 3. By clicking on "Upload your video" then "Choose File" and "Upload", upload one video based on your category. Once uploaded, click on "Save".
- 4. If you select the wrong category by mistake, press "Leave" and select the proper one again.

Note: Be careful about the maximum file size 500MB as well as the video file formats. If you have any issue with uploading the video, use different internet browser.

Prizes:

- All competitors will receive a certificate with their name.
- Medalists will receive a diploma with their name and place.



www.taekwondo.cz

https://www.facebook.com/czech.taekwondo.ITF/

http://cz.taekwondo-itf.com