



ŠKOLA TAEKWONDO ITF
FRÝDEK-MÍSTEK

26.11.2022, FRÝDEK-MÍSTEK

FM OPEN TAEKWONDO

DISCIPLÍNY

TECHNICKÉ SESTAVY
SPORTOVNÍ BOJ

- MATSOGI (4 KUP+)
- POINTFIGHTING (6.-5. KUP)
- SOFT KICK (10.-7.KUP)

MÍSTO

HALA 7.ZŠ
1.MÁJE, FRÝDEK-MÍSTEK

INFO


STARTOVNÉ 400 KČ
SYSTEM KAŽDÝ S KAŽDÝM
KATEGORIE - ŽÁCI, JUNIOŘI
SOUTĚŽ PRO DĚTI OD 3 LET

WWW.TKDĚM.CZ/OPEN

F ≈ M




UNIQA
Generální agentura Dita Götzingerová

 BACKFIST



FM OPEN 2022

Date	26 November 2022
Place	Sports Hall 7. Primary School, 1. máje 1700, Frýdek-Místek
Organiser	Český svaz Taekwon-do ITF, z.s.
Pořadatel	Škola TaeKwon-Do ITF Frýdek-Místek, z.s.
Manager	Ing. Filip Gavlas, tel. +420 603 591 642, filipgavlas@seznam.cz
Chief referee	David Chlebek, tel. +420 732 914 235, d.chlebek@seznam.cz
Registration	Competitor must register online via the member portal until

Monday 21 November 2022 by 22:00h

Judges must register online via the members' portal by:

Monday 14 November 2022 by 22:00h

Starting fee	400 CZK for 1 competitor / 1 000 CZK za 1 competitor after deadline.
Registrace	Registration Saturday 26 November 2022 from 7:30 to 8:30 a.m. in the sports hall. In case of late arrival, competitors may not be registered for the competition. A coach must be present at registration and weigh-in.

All competitors are required to have paid union dues and valid medical examination or a valid statement of medical fitness.



I. INDICATIVE TIMETABLE

Saturday 26 November 2022

7:30 - 8:30 Registration and weigh-in/measurement of competitors
8:45 Judges' meeting and distribution to the wrestling area
9:00 Coaches meeting
Approx. 9:30 **Opening of the competition**
Approx. 19:00 Announcement of the most successful individuals and schools

II. DIVISION

Jednotlivci

III. GROUPS

	≥2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004
Ninja boys/girls	10.-1. kup												
younger youth male/female		10. kup – 1. kup											
older youth žámaleci/female						10. kup – 1. dan							
younger juniors male/female									10. kup – 2. dan				
older juniors male/female											10. kup – 3. dan		

The technical level of the competitor must correspond to the highest technical level in the federation database on the date of the entry deadline. The technical level 1. dan and higher is valid on the date displayed in the federation database on the federation website.



IV. DISCIPLINES AND CATEGORIES

All groups compete in the quiver disciplines.

All groups with 10th - 7th kup compete in soft kick (foam fighting).

All groups with 6th-5th kup compete in point fighting.

All groups from the 4th kupu compete in the discipline of sparring.

A) Discipline TUL (technical routines)

	10 + 9	8+7	6+5	4+3	2+1	I	II	III
Ninja boys/girls	ANO	ANO	ANO	ANO	ANO			
younger youth male/female	ANO	ANO	ANO	ANO	ANO			
older youth žámalenci/female	ANO	ANO	ANO	ANO	ANO	ANO		
younger juniors male/female	ANO	ANO	ANO	ANO	ANO	ANO	ANO	
older juniors male/female	ANO	ANO	ANO	ANO	ANO	ANO	ANO	ANO

Group elimination: 1 compulsory line-up (buy and dan: from Chon-Ji up to and including the next test)

Finals: 1 optional routine (buy and dan: only in the range for the next exam) and 1 compulsory routine

Example:	Optional	Compulsory (lot)
1. kup	Hwa-Rang / Chong-Moo	Chon-Ji až Chong-Moo
1. dan	Kwang-Gae až Ge-Baek	Chon-Ji až Ge-Baek

Contestants with 10th and 9th kup competing (eliminations and finals) in Saju Jurigi and Saju Makki only.



B) Discipline SOFT KICK (foam pole fight)

Only holders of 10th - 7th kupu compete

Protectors and equipment

- competitors may wear a head protector
- competitors fight with a foam pole of approx. 60 cm length

Scoring

- head shot 2 points
- leg or body hit 1 point
- hand hit 0 points
- admonishment - leaving the ring, dropping the foam noodle, touching the ground with a part of the body other than the foot
- for 2 admonitions the opponent receives 1 point

Height categories

- ninja boys/girls -120, -130, +131 cm
- younger youth boys/girls -140, -150, +151 cm
- older boys/girls -150, -160, +161 cm
- younger boys/girls -160, -170, +171 cm
- older male/female juniors -170, -180, +181 cm

Match lengths

Elimination: ninja and youth 1 x 1,5 minutes
 juniors 1 x 2 minutes

finals: ninja and youth 2 x 1,5 minutes
 juniors 2 x 2 minutes

break between rounds: 30 sec

C) Discipline POINT FIGHTING



Only holders of the 6th - 5th cup compete.

Protectors and equipment

- Arm, leg and head protectors MUST NOT be red or blue
- 10 oz closed gloves are required for all age groups, except students
- Pupil age groups are allowed open, closed and max 10 oz gloves as long as they fit the size of the hands and the build of the competitor
- The approved protectors for competitors are governed by the list of approved protectors for competitions organized by the Czech Taekwon-Do ITF

Scoring

- punch 1 point
- leg kick to the middle zone 2 points
- leg kick to upper zone 3 points

Height categories

- ninja male/female -120, -130, +131 cm
- younger youth male/female -140, -150, +151 cm
- older youth male/female -150, -160, +161 cm
- younger juniors male/female -160, -170, +171 cm
- older juniors male/female -170, -180, +181 cm

Match lengths

Elimination:	ninja and youth	1 x 1,5 minutes
	juniors	1 x 2 minutes
finals:	ninja and youth	2 x 1,5 minutes
	junioři	2 x 2 minutes



break between rounds: 30 seconds

D) Disciplína MATSOGI (sportovní boj)

The competition is open exclusively to holders of the 4th kupu and higher.

"Mandatory turn" will not be applied.

Protectors and equipment

- juniors have the recommended chest protector
- Hand, leg and head protectors MUST NOT be red or blue depending on the side of the ring
- 10 oz. closed gloves are required for all age groups, except juniors
- Pupil age groups are allowed open, closed and max 10 oz gloves as long as they fit the size of the hands and the build of the competitor
- The approved protectors for competitors are governed by the list of approved protectors for competitions organized by the Czech Taekwon-Do ITF
- open hand protectors are NOT accepted outside of students

Weight categories

- Younger youth male/female -25, -30, -35, -40, +40 kg
- Older youth male -35, -40, -45, -50, -55, -60, +60 kg
- Older youth female -30, -35, -40, -45, -50, +55 kg
- Younger juniors male -45, -50, -55, -60, -65, +65 kg
- Younger juniors female -40, -45, -50, -55, -60, -65, +65kg
- Older juniors male -45, -51, -57, -63, -69, -75, +75 kg
- Older juniors female -40, -46, -52, -58, -64, -70, +70 kg

Match lengths

Elimination:	youth	1 x 1,5 minutes (net time)
	juniors	1 x 2 minutes (net time)
finals:	youth	2 x 1,5 minutes (net time)
	juniors	2 x 2 minutes (net time)

break between rounds: 30 seconds.



V. COMPETITION SYSTEM

The system of competition will be one-on-one (league). In case there are 6 or more competitors in a given category, they will be divided into several groups.

In groups, competitors will compete only in compulsory line-up and in soft kick / point fighting / sparring 1 x 2 minutes (or 1,5 min).

In the finals, 1 optional + 1 compulsory routine and in soft kicking / point fighting / sports fighting 2 x 2 minutes (respectively 1,5min).

The group match can end in a draw and each competitor gets 1 point in the table.

2 points are scored for a win. One third place will be awarded and contested.

VI. RULES

The competition will be held according to the rules of the EITF, Competition Directive No. 10 of the Czech Taekwon-Do ITF and these regulations.

Competitors with 10th kup (white belt) can compete without a dobok.

VII. PROTEST

A protest against the judges' verdict during the competition can only be made by the coach, in writing in accordance with the procedure (to be notified immediately after the match to the chairman of the jury and delivered back to the respective ring no later than 5 minutes after receipt of the form), with a deposit of 1.000,- CZK in the hands of the chairman of the jury.

The protest will then be discussed and resolved by the Committee of Judges (CoJ). The decision of the CoJ is final.



VIII. JUDGES

The registration of referees for the competition is done online through the members' portal of the association with the knowledge of the head of the subject. The total maximum number of judges for this event is 28.

Meals - Lunch will be provided for the judges.

Referee Responsibilities. Referees are required to be dressed according to ITF rules (incorrect dress code may be penalised with a deduction of 200,- CZK/day/item) and be present on the competition area of the hall for the duration of the competition day as instructed by the Head Referee and be fit to officiate. Failure to comply with the above may result in a reduction or non-payment of the judging fee.

Judges' fees will be paid at the end of the day.

IX. NUMBER OF COMPETITORS

There is no limit to the number of competitors that each entity may nominate for the competition.

X. TROPHY

Medals will be awarded for 1st, 2nd and 3rd place in each category. There will be only 1 x 3rd place in all categories.

Trophies will also be presented to the top individual (ninja boy, ninja girl, junior boy, junior girl, senior boy, senior girl, junior boy, junior girl, senior girl, senior girl) as well as the top three schools.



XI. OTHER

Change in the start list

Any change in the start list (e.g. due to incorrect classification of a competitor in a category, etc.) after the coaches' consultation will be made for a fee of 1.000,- CZK.

Doping

The Team Leader (coach) is the guarantor that the competitors of his/her team are familiar with the content of Directive No. 14 (Guidelines for the fight against doping within the system of all competitions of the Federation).

XII. COVID MEASURES

The Organiser reserves the right to modify the scope of the measures required depending on the Government Regulations currently in force at the time of the competition.

The competition is organized with the material support of the Czech Taekwon-do ITF.





REVERS

Competition name: FM OPEN 2022

Venue. Elementary School, 1. máje 1700, Frýdek-Místek

Date: 26 November 2022

Name and surname:

Birth number:

I, the undersigned, hereby confirm by my signature that I am participating in the above sports competition at my own risk and danger.

I declare that I am mentally and medically fit to participate in this competition and in case of any injury I will not claim any financial or other compensation or pain and suffering from the Taekwon-Do School of ITF Frýdek-Místek, z. s.

I further declare that I have duly read and signed this written consent before signing it according to my true, free and serious will. I have affixed my handwritten signature as evidence of my assent to the entire contents of this reversion.

For competitors under 18 years of age on the day of the event, the reverse is signed by their legal guardian.

On Signature of competitor/legal guardian