

9TH SEASON OF INTERNATIONAL TAEKWON-DO ITF TOURNAMENT



MORAVIA OPEN 2023

27-29 OCTOBER

**ATHLETIC HALL
OSTRAVA**

DISCIPLINES

**PATTERNS / SPARRING
SPECIAL TECHNIQUES / POWER**



NÁRODNÍ
SPORTOVNÍ
AGENTURA

OSTRAVA!!!



CLEANLINESS
& SAFETY

MORAVIA OPEN 2023

Organizer: Fighting Arena Ostrava, z.s.

GENERAL INFORMATION

- Date:** **27th October – 29th October 2023**
- Place:** [Atletická hala Ostrava](#), Ruská 3077/135, Ostrava
- Organizer:** Fighting Arena Ostrava, z.s., <https://www.fightingarena.cz/>
The competition is under the auspices of the Czech Taekwon-do ITF
The competition is open to any taekwondo federation
- Contact info:** Ing. Kamil Šamal (II. Dan), tel.: +420 774 745 306, email:
info@fightingarena.cz
email: kamil.samal@gmail.com
- General manager:** Ing. Kamil Šamal
- Head referee:** MUDr. David Chlebek (IV. Dan)
- Registration:** online: <https://portal.taekwondo.cz/external/register/> till tuesday **24. 10. 2023, 22:00**
- Starting fee:** **30 Euros includes special programme (25 Euros for MINI categories)**
- Registration:** The participation of registered competitor will take place before the start of the competition – Friday **27. 10. 2023 from 19:00 - 22:00.** and on Saturday **28. 10. 2023 from 20:00 – 22:00**

MORAVIA OPEN 2023

Organizer: Fighting Arena Ostrava, z.s.

TIME SCHEDULE

Friday, 27. 10. 2023	19:00 – 22:00	registration, weighting
Saturday, 28. 10. 2023	8:00	entrance to the hall
	8:15	referees meeting
	8:45	coach meeting
	9:30	opening ceremony of Moravia Open (the competition of seniors and childrens will be finished on Saturday)
	19:00 – 21:00	registration, weighting of the juniors
	22:00	expected end of the 1st day of competition (the end of the competition is approximate)
Sunday, 29. 10. 2023	8:00	entrance to the hall
	8:15	referees meeting
	8:45	coach meeting
	9:30	continue of the competition (the competition of juniors will be finished on Sunday)
	18:00	expected end of the competition (the end of the competition is approximate)

PROPOSITIONS

I. Division: individuals

II. Category: mini male and female – birth 2017 and younger
childrens male and female – birth 16, 15
younger youth male and female – birth 14, 13
older youth male and female – birth 12, 11, 10
younger junior male and female – birth 09, 08
older junior male and female – birth 07, 06, 05 (competitors born in 2005 and are 18 y.o. can choose older youth category or senior category)
senior male and female – birth 2004 and older



MORAVIA OPEN 2023

Organizer: Fighting Arena Ostrava, z.s.

III. Disciplines and categories: Contest - mini, childrens, younger and older youth, junior and senior in 3 individual disciplines (tul, matsogi, t-ki) + special program.
Seniors have power breaking too.

IV. Dress code: For all disciplines will be athlete entirely dressed in dobok, excepted athletes with 10. kup mini and childrens. In this case they will either wear a dobok or trousers and a t-shirt.

TECHNICAL PATTERN – DIVISION INDIVIDUALS

Category:

- mini male and female:** 8. kup and higher
- childrens male and female:** 8. + 7., 6. kup and higher
- younger youth male and female:** 8. + 7., 6. + 5., 4. kup and higher
- older youth male and female:** 8. + 7., 6. + 5., 4. + 3., 2. kup and higher
- younger junior male and female:** 8. + 7., 6. + 5., 4. + 3., 2. + 1. kup, I. dan and higher
- older junior male and female:** 8. + 7., 6. + 5., 4. + 3., 2. + 1. kup, I., II. dan and higher
- senior male and female:** 8. + 7., 6. + 5., 4. + 3., 2. + 1. kup, I., II., III. Dan and higher

Elimination: 1 compulsory pattern according to the technical degree of the competitor

Final: 1 optional and 1 compulsory pattern according to the technical degree of the athlete

SPECIAL PROGRAMME – technical pattern 10. and 9. kup

Category:

- mini male and female:** 10. + 9. kup
- childrens male and female:** 10. + 9. kup
- younger youth male and female:** 10. + 9. kup
- older youth male and female:** 10. + 9. kup

Elimination and final: childrens and older do only saju jirugi. Mini has 1 invented pattern lasting no more than 1 minute. (the referee will stop performance after a minute, even if they still perform. Athlete will not be penalized for that.)

MATSOGI – DIVISION INDIVIDUALS

The all matsogi categories contain a system of groups.

Matsogi (from 4. kup)

Weight categories:

- younger youth male and female:** -25, -30, -35, -40, + 40 kg
- older youth male:** -35, -40, -45, -50, -55, -60, +60 kg
- older youth female:** -30, -35, -40, -45, -50, -55, +55 kg



MORAVIA OPEN 2023

Organizer: Fighting Arena Ostrava, z.s.

younger juniors male: -45, -50, -55, -60, -65, -70, +70 kg

younger juniors female: -40, -45, -50, -55, -60, -65, +65 kg

older juniors male: -45, -51, -57, -63, -69, -75, +75 kg

older juniors female: -40, -46, -52, -58, -64, -70, +70 kg

seniors male: -52, -58, -64, -71, -78, -85, -92, +92 kg

seniors female:- -47, -52, -57, -62, -67, -72, -77, +77 kg

younger youth male and female: **matsogi (4. kup and higher)**

Elimination and final: match 2 x 1 min

Older youth male and female: **matsogi (4. kup and higher)**

Elimination and final: match 2 x 1 min

Juniors and seniors categories: **matsogi (4. kup and higher)**

Elimination and final: match 2 x 2 min

Break is only 30 seconds.

Protectors: hands, feet, helmet, suspensor and teeth protector

SPECIAL PROGRAMME – softkick for 10.–5. Kup and all of mini, childrens and younger youths

The all soft kick categories contain a system of groups.

Categories for younger youths with 10. – 5. Kup and all of mini and childrens

Mini male and female: -120, +120 cm – SOFTKICK

childrens male and female: -130, + 130 cm - SOFTKICK

younger youth male and female: -140, -150, +150 cm-SOFTKICK

SOFTKICK is like a fight for the first technic. Athlete fights with a foam noodle of about 60 cm in length. All body is counted excluded hands which can be used as a protector. Head – 2 points. The rest of the body – 1 point. Athletes can use a helmet.

Mini : softkick (60cm)

Elimination and final: match 1 x 1 min

Childrens male and female: softkick (60cm)

Elimination and final: match 1 x 1 min

younger youth male and female: softkick (10. – 5. kup)



MORAVIA OPEN 2023

Organizer: Fighting Arena Ostrava, z.s.

Elimination: match 1 x 1 min

Final: match 2 x 1 min

TUKGI – DIVISION INDIVIDUALS

Younger youth male and female, older youth male and female, younger juniors male and female, older juniors male and female, seniors male, seniors female - all the categories from 6. kup. Dolmyo and Bandae can be performed only by competitors with 2. kup and higher.

	Nopi	Dollyo	Dolmyo	Bandae	Nomo
younger youth male	180	175	-	-	115/50
younger youth female	170	165	-	-	110/50
older youth male	215	210	-	-	130/70
older youth female	205	200	-	-	115/70
younger juniors male	230	220	210	210	170/70
younger juniors female	210	205	180	180	130/70
older juniors male	260	235	230	230	250/70
older juniors female	220	210	200	200	150/70
seniors male	270	245	235	235	250/70
seniors female	230	220	210	210	150/70

Special programme – Tukgi

Younger youth male and female, older youth male and female, younger juniors male and female, older juniors male and female, seniors male and female up to 7. kup

Compete only with: NOPI CHAGI. Individuals stand in a row and one by one kick. If they manage to kick the target, they will join the end of the row and wait for another, higher attempt. If they do not manage to kick the target they have immediately the second try. If they do not manage again they are eliminated.

Mini and childrens

The MINI and childrens age category will compete in the amount of kicks to the target within 10 seconds! It is not a technical kick but a number of instep touches to the target. Both legs – first right and then left. The target will be situated in the height of athlete's waist with target parallelly to the

MORAVIA OPEN 2023

Organizer: Fighting Arena Ostrava, z.s.

ground. The foot must touch the ground after kicking the target. The number of repetition of both legs will be summed together.

POWER BREAKING – DIVISION INDIVIDUALS

Only senior male and female from 6. kup. Dolmyo, Palkup and Bandae can be performed only by competitors with 2. kup and higher.

	Ap joomuk	Sonkal	Yop	Dollyo	Bandae
seniors male	2	2	4	3	3

	Sonkal	Palkup	Yop	Dollyo	Dolmyo
seniors female	1	2	3	2	2

REMAINING

Protest: Only coach is allowed to protest against the judgement of the referee but only in written form and 5 minutes since the match ended together with 500 CZK handed to the head referee.

Referee: There is no charge for clubs without referees. The diet and the accommodation at the nearby hotel Puls is covered by organizer for all referees.

Number of competitors: The number of competitors nominated by the club is **not limited**.

Remaining: Every competitor competes at his own risk. Every competitor is obliged to sign revers. The organizer reserves the right to merge the categories, if necessary for a fluent flow of the competition.

Meal: U can order meal in systém, where u can find our menu. Everything is in sport hall. Price for 1 lunch (Saturday or/and Sunday) is 6 Euros. Price for 1 dinner (Friday or/and Saturday) is 5 Euros. If u order any meal is not allowed to cancel it and u must pay 100% of your order.

MORAVIA OPEN 2023

Organizer: Fighting Arena Ostrava, z.s.

Accommodation: We have a lot of hotels in Ostrava. We recommended you this:

<https://www.qualityhotelostravacity.com/en/>

<https://www.imperialhotelostrava.com/en/>

<http://www.lc-hotel.cz/index.php/en/>

If you will have any problems with accommodation, please contact us.

Looking forward to see you,
organizer Kamil Šamal



MORAVIA OPEN 2023

Organizer: Fighting Arena Ostrava, z.s.

REVERS

Competition: MORAVIA OPEN 2023

Place: [Atletická hala Ostrava](#), Ruská 3077/135, Ostrava

Date: 27. -29. 10. 2023

Name and surname:

Personal number:

I, below signed declare that I participate at the mentioned competition at my own risk.

I declare that I am physically and mentally fit to participate at the competition and in case of any injury I will not require any financial or other compensation on the Fighting arena Ostrava, z. s.. I also declare that I have read the revers carefully and signed it according to my free will. As an evidence of my agreement with the whole content of the reverse I attach my signature.

The revers of competitors, who are not yet 18 years old, will be signed by their legal representative.

Date **Competitor's signature / legal representative**